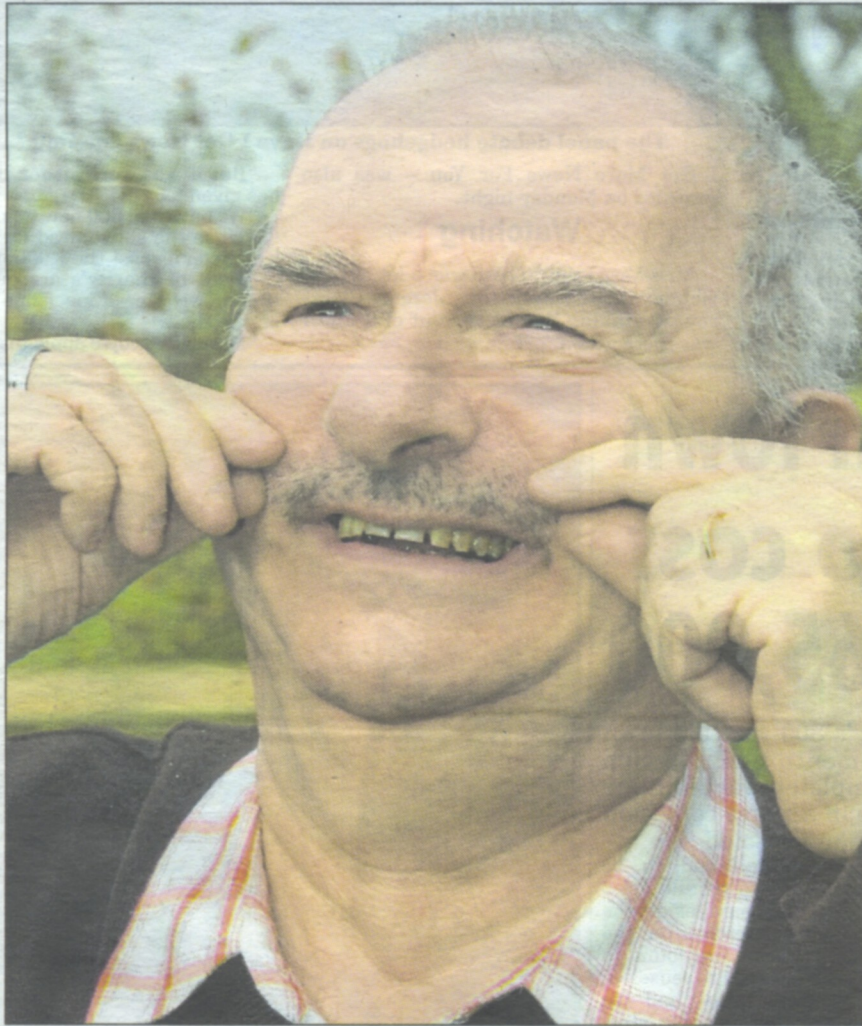


## It's Movember madness



Councillor Colin Case from Ruyton XI Towns who is taking part in Movember

# Hair-raising experience for first time in 35 years

A parish councillor is growing facial hair for the first time in 35 years to help raise awareness of men's cancer.

Colin Case, a Ruyton XI Towns parish councillor, is supporting Movember, which sees men sponsored to grow moustaches to raise money for research into prostate and testicular cancer.

Councillor Case said men's cancer did not get the same profile as women's cancer.

In the past he volunteered to drive a friend who was diagnosed with prostate cancer, to and from Birmingham Hospital.

The experience prompted him to take a test to check up on his own health.

Councillor Case said: "Movember is a good way of raising awareness. My wife has done the midnight sponsored walk for a breast cancer charity but men's cancer doesn't get the same kind of visibility.

**Report by Chrissy Symmons**  
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"It is a bit of a laugh, it is free and I don't have to walk about in the middle of the night with my underclothes over the top of my clothes.

"I decided to do it on a bit of an impulse. The last time I grew one I was in my 30s and it was black everywhere, now it has come out grey."

He said growing a moustache was a good way to raise awareness because some men did not like to go to the doctors with complaints. People who want to donate can visit [uk.movember.com/mospace/5279173](http://uk.movember.com/mospace/5279173)

Money raised will go towards Prostate Cancer UK and the work of the Institute of Cancer Research.